

DRL Photography & Designs Ltd 37 St Margaret's Street Canterbury, Kent CT1 2TU info@drlphotography.co.uk +44 (0)7545 535 772

# Risk Assessment for Mountains Landscape Photography Day

Staff hold a first aid certificate and health and safety certificate

People at risk: Participating staff and clients

#### **Main Risks:**

- 1. Foot and ankle injuries on uneven and/or slippery ground
- 2. Hypothermia
- 3. Exhaustion
- 4. Dehydration
- 5. Blisters/wet foot problems
- 6. Getting lost, being late
- 7. Exposure
- 8. Falls on steep terrain
- 9. Heat Stroke
- 10. Sunburn
- 11. Water hazards

Activity Leaders must ensure an emergency escape plan and a full route plan is completed before the activity is undertaken.

Summoning Help: A call-out person is appointed before the activity takes place. This person is contacted on completion of the activity. If not contacted, they will take appropriate action.

Date Reviewed: 15/03/2020

Next Review Date: 15/03/2021

Completed By: Daniel Long

Is the Activity Acceptably Safe if Managed

as Below: YES

Signed:

### How to manage/control/reduce these risks safely (corresponding numbers):

- 1. Wear appropriate, well fitting footwear not trainers
- 2. Wear fibre pile clothing and waterproofs
- 3. Routes chosen within the capabilities of the group
- 4. Carry extra fluids and water purification tablets
- 5. Ensure adequate socks initially for good fit, carry spare dry socks
- 6. Take map, compass, torch and GPS
- 7. Carry group shelter and spare food/drink, plus hat and gloves in winter
- 8. Carry and use safety and technical equipment suitable for the chosen route, avoid steeper areas when choosing the route
- 9. Wear loose clothing and hat to shade neck
- 10. Use sun block and after sun cream
- 11. Use appropriate safety techniques to protect the hazard



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### Minimum Equipment To Be Carried Participants:

- 1. Sturdy footwear NOT trainers
- 2. Warm clothing (warm layer kept in pack during summer)
- 3. Water proof clothing
- 4. Warm hat and gloves
- 5. Extra, dry socks
- 6. Food and drink

**Note:** Participants are to report all defects or damage of equipment to the activity leader immediately.

#### **Activity Leader:**

- 1. Company first aid kit
- 2. Survival shelter
- 3. Emergency food and drink
- 4. Extra warm clothing
- 5. Sun block and after sun
- 6. Map, compass, GPS
- 7. Torch and whistle
- 8. Water purification tablets

Note: The Activity Leader must remove any defective equipment from service, clearly mark the item with what is wrong and notify the stores person using a damage report form