

DRL Photography & Designs Ltd 37 St Margaret's Street Canterbury, Kent CT1 2TU info@drlphotography.co.uk +44 (0)7545 535 772

Risk Assessment for Wild Camping Landscape Photography Day

Date Reviewed: 15/03/2020

Next Review Date: 15/03/2021

Completed By: Daniel Long

Is the Activity Acceptably Safe if Managed

as Below: YES

Signed: DRLong

Staff hold a first aid certificate and health and safety certificate

People at risk: Participating staff and clients

Main Risks:

- 1. Foot and ankle injuries on uneven and/or slippery ground
- 2. Hypothermia
- 3. Exhaustion
- 4. Dehydration
- 5. Blisters/wet foot problems
- 6. Getting lost, being late
- 7. Exposure/adverse weather
- 8. Falls on steep terrain
- 9. Heat Stroke
- 10. Sunburn
- 11. Water hazards
- 12. Darkness
- 13. Tent catching fire
- 14. Fumes

How to manage/control/reduce these risks safely (corresponding numbers):

- 1. Wear appropriate, well fitting footwear not trainers
- 2. Wear fibre pile clothing and waterproofs
- 3. Routes chosen within the capabilities of the group
- 4. Carry extra fluids and water purification tablets
- 5. Ensure adequate socks initially for good fit, carry spare dry socks
- 6. Take map, compass, torch and GPS
- 7. Carry group shelter and spare food/drink, plus hat and gloves in winter, pay attention to weather forecasts and choice of sheltered camp sites
- 8. Carry and use safety and technical equipment suitable for the chosen route, avoid steeper areas when choosing the route
- 9. Wear loose clothing and hat to shade neck
- 10. Use sun block and after sun cream
- 11. Use appropriate safety techniques to protect the hazard
- 12. Client advised to use torches
- 13. No cooking in tents, naked flames kept away from tents, supervision whilst cooking, no fuel to be stored in tent
- 14. No cooking equipment to be kept in tent



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Activity Leaders must ensure an emergency escape plan and a full route plan is completed before the activity is undertaken.

Summoning Help: A call-out person is appointed before the activity takes place. This person is contacted on completion of the activity. If not contacted, they will take appropriate action.

Minimum Equipment To Be Carried Participants:

- 1. Sturdy footwear NOT trainers
- 2. Warm clothing (warm layer kept in pack during summer)
- 3. Water proof clothing
- 4. Warm hat and gloves
- 5. Extra, dry socks and clothing
- 6. Food and drink
- 7. Matches
- 8. Torches
- 9. Rucksack
- 10. Wash kit
- 11. Sleeping mat, bag and tent
- 12. Cooking equipment, fuel and utensils

Note: Participants are to report all defects or damage of equipment to the activity leader immediately.

Activity Leader:

- 1. Company first aid kit
- 2. Survival shelter
- 3. Emergency food and drink
- 4. Extra warm clothing
- 5. Sun block and after sun
- 6. Map, compass, GPS
- 7. Torch and whistle
- 9. Water purification tablets
- 10. Matches
- 11. Torches
- 12. Rucksack
- 13. Wash kit
- 14. Sleeping mat, bag and tent
- 15. Cooking equipment, fuel and utensils
- 16. Mobile phone
- 17. Tea/coffee/sugar
- 18. Spare tent pegs

Note: The Activity Leader must remove any defective equipment from service, clearly mark the item with what is wrong and notify the stores person using a damage report form